



**diverse**arts

SPECIALISTS IN CREATIVE COMMUNICATION

Interactive Learning for Primary, Secondary and Further Education  
Programme 2011 - 2012

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All Workshops Are Available in Both English And Welsh

A photograph of the back of a person wearing a white t-shirt. A white rectangular sign is pinned to the back of the shirt with the words "KICK ME!" written in blue marker. The person's dark hair and neck are visible at the top of the frame.

KICK  
ME!

# STOP BULLYING NOW!

An interactive workshop which is presented in a realistic and truthful way, and deals with various types of bullying - from verbal, physical and mental to happy slapping, cyber & homophobic bullying.

Stop Bullying Now! has been successfully touring for over 3 years, visiting schools all over the UK. More than 700,000 young people have experienced the workshop.

This workshop is a great event for inclusion during schools Anti Bullying Week programmes.

Suitable for Yr 7 upwards

Daily rate includes 2 X 75 minute workshops  
Maximum audience per workshop - 150

# ITS NOT REALLY BULLYING!

Nearly 35% of children have been threatened on-line, and almost one in five have had it happen more than once. Among this percentage, being ignored and disrespected were the most common forms of cyber bullying. 21% of children have received mean or threatening e-mails.

The primary cyber-bullying location where victimizing occurs, at 56%, is in chat rooms. A very frank and innovative workshop using moving image to highlight the real outcomes and consequences of cyber bullying.

Package 1 - 7 - 10 yr olds - 75 minute interactive workshop  
Package 2 - 11- 13 yr olds - 75 minute interactive workshop  
Package 3 - 14- 17 yr olds - 75 minute interactive workshop

Daily rate includes 2 X 75 minute workshops  
Maximum audience per workshop - 150

## WHAT MAKES ME SO DIFFERENT?

### A Whole School Issue?

If homophobia is to be tackled seriously within schools it needs to be taken on in the same way as other issues of equality. It needs to become an integral part of the curriculum. Stonewall (a national campaigning organisation for lesbian, gay and bisexual rights) conducted a survey of 4000 LGB people about their experiences of homophobic violence, harassment and verbal abuse. Of those asked who were under 18:-

48% had experienced violence

61% had been harassed

90% had been called names because of their sexuality

50% of violent attacks involved fellow students

40% of attacks took place at school

75 minute interactive workshop

Daily rate includes 2 X 75 minute workshops  
Maximum audience per workshop - 150

## STOP HURTING ME!

Domestic Violence amongst young teens is a growing issue. Approximately 1 out of 10 teenagers in high school has experienced physical violence in a dating relationship.

Among college students, the figure rises to 22%, equivalent to the rate for adults. Often many teens get into abusive relationships out of being naive, lonely, low self-esteem, past or current traumas that happen at home and in their personal lives. Stop Hurting Me! is an interactive workshop that looks at how abuse can start in teen relationships, and the various ways in which young people have to deal with the threat of domestic violence.

Suitable for yr 10 upwards

75 minute interactive workshop

Daily rate includes 2 X 75 minute workshops  
Maximum audience per workshop - 150

## IT'S JUST ONE DRINK

This interactive workshop covers a number of subjects; underage drinking, the impact of alcohol on friendships, personal danger and danger to others, the law and the challenges of peer pressure and making personal choices.

75 minute interactive workshop

Daily rate includes 2 X 75 minute workshops  
Maximum audience per workshop – 150

## A SUDDEN RUSH

### Self Harm

In recent years, a hidden epidemic of self-harm has been affecting teenagers across Britain, with one adolescent in 12 deliberately injuring themselves on a regular basis. A range of factors can trigger self-harming, including bullying, not getting on with parents, stress and worrying about academic performance and exams. Other reasons may include family breakdown, bereavement, problems to do with race, culture or religion, and low self-esteem.

A Sudden Rush is an interactive workshop that provides the opportunity for young people to be involved in a discussion about the issues surrounding self harm and to provide information about where to get help, and the various support agencies available for helping young people come to terms with self harm.

Suitable for Yr 9 upwards

60 minute interactive workshop

Daily rate includes 2 X 60 minute workshops  
Maximum audience per workshop - 150

## EQUALITY AND DIVERSITY

Treat people the way you would like to be treated?

Treat people the way they would like to be treated?

It's a fine line. This training programme is based on the legal obligation to comply with anti-discrimination legislation, whilst respecting individual differences. Embracing equality and diversity brings a wide range of experience, ideas and creativity whilst giving the student a feeling of being able to study to their full potential, and to know they are a valued member of the school community.

Suitable for Yr 7 upwards

60 minute interactive workshop

Daily rate includes 2 X 60 minute workshops  
Maximum audience per workshop - 150

## SEXUAL HEALTH

One-quarter of girls have underage sex, but fewer than one-third go to family planning clinics to get advice on contraception or sexually transmitted diseases, says a study. Boys and girls know very little about the law when it comes to underage sex.

This interactive workshop covers many subjects relating to Sexual Health:

- Teenage Pregnancy
- Underage Sexual Activity and the Law
- Sexually Transmitted Infections
- The outcomes, and dangers of having unprotected sex.

A very frank and “straight to the point” workshop.

60 minute interactive workshop

Daily rate includes 2 X 60 minute workshops  
Maximum audience per workshop – 150

## SEX EDUCATION

The one subject that teachers always have difficulty in teaching is Sex Education: The basic facts.

This workshop takes the UK curriculum on sex education, and using innovative workshop techniques our facilitators will take the subject, and teach it... The facts... Simple...Made easy.

60 minute interactive workshop

Daily rate includes 2 X 60 minute workshops  
Maximum audience per workshop – 150

# WHY WOULD YOU START NOW?

Anti-Smoking

29% of school children have tried smoking at least once.  
6% are regular smokers (smoking at least one cigarette a week).

Girls are more likely to smoke than boys; 10% of girls have smoked in the last week compared with 8% of boys.

Why Would You Start Now, presents the facts behind smoking. Social background, Health Implications and the reasons why young people would still choose to smoke even with the clear evidence that it can 'seriously damage your health' .

# IT'S MY CAR, I'LL DO WHAT I WANT!

Motor vehicle crashes are the leading cause of death among 15- to 20-year-olds.  
16-year-olds have higher crash rates than drivers of any other age.  
16-year-olds are 3 times more likely to die in a motor vehicle crash than the average of all drivers.

Many factors contribute to teenage death on our roads; Speed, Alcohol and Drugs, Tailgating, Improper Overtaking, Fatigue and Reckless Driving.

This education programme raises awareness of the issues that surround teenage death on our roads. It uses frank and honest presentation of the facts, and open discussion.

75 minute interactive workshop  
Daily rate includes 2 X 75 minute workshops Maximum audience per workshop – 150

Suitable for 14 years upwards

75 minute interactive workshop, which includes a DVD presentation.

Daily rate includes 2 X 75 minute workshops Maximum audience per workshop – 150



## WHICH WAY NOW?

What do I do? Where do I go?

An interactive workshop highlighting the educational options available for students aged 13-19.

What subjects do I take? Who do I talk too?

Package 1- 90 minute workshop highlighting the CHOICES IN YEAR 9

Package 2- 90 minute workshop highlighting the CHOICES IN YEAR 11

Package 3- 90 minute workshop highlighting POST 16 OPTIONS

Daily rate includes 2 X 90 minute workshops  
Maximum audience per workshop - 150

## LIFE SKILLS

We all need "Life Skills". We all need to deal with people, and situations. We all need to deal with stress, school and work life. You might think that we all have the basic skills to run and live our day to day lives, but research shows that the "basics" are always low on the school agenda, and sometimes totally forgotten.

75 minute interactive workshop  
Daily rate includes 2 X 75 minute workshops  
Maximum audience per workshop – 150

## INTERVIEW / PRESENTATION TECHNIQUES

How to sell your-self is so important. You need to stand out from the crowd. This workshop delivers the key skills, that everyone leaving school should have. Interview Techniques, Presentation Techniques, CV writing, Confidence and self belief.

75 minute interactive workshop  
Daily rate includes 2 X 75 minute workshops  
Maximum audience per workshop – 150

## ENTERPRISE DAY “APPRENTICE” WORKSHOPS

A fun, and entertaining workshop which focuses on enterprise and business skills.

A group of students/pupils will be given a task to come up with a business idea. Working within a budget, they have to think of an original idea, design, come up with a marketing strategy, and then “sell” the idea to the workshop team and school. Good team-work is an important and essential part of the Enterprise Day. As Alan Sugar would say...“You’re hired!”

One full or half day facilitated workshop

Maximum audience per workshop – 70 students

## POSITIVE FRIENDSHIPS / POSITIVE RELATIONSHIPS

A vast majority of pupils/students do not always realise when they are in a negative friendship or relationship. This can lead to depression, bullying, as well as verbal and physical abuse.

This workshop focuses on the positive and negative aspects. 1 How to deal with people 2 The dangers of Peer Pressure 3 Personal choices 4 Consequences 5 How to appreciate oneself. 6 Recognise right from wrong.

75 minute interactive workshop

Daily rate includes 2 X 75 minute workshops

Maximum audience per workshop – 150

## SELF ESTEEM

Self-esteem is a term used in psychology to reflect a person's overall evaluation or appraisal of his or her own worth. 82% of school pupils aged 12-16 say that have low self esteem. What contributes to this? Is it our friends, our family, the media?

The way we feel about ourselves has a huge affect on the way we treat ourselves and others, and on the kinds of choices we make.

## RAISING ACHIEVEMENT

Can you do better? Some might say that we do not try hard enough at whatever we do in life. This workshop focuses on the skills and "tricks" that we can all develop to enhance and raise our achievement, whether we are in education or the workplace.

## CITIZENSHIP

Are you a good citizen? Take the test....

True or false? I do my part for the common good?

True or false? I do my share to make the school, my community and world a better place?

True or False? I take responsibility for what goes on around me?

True or False? I do what I can to help the environment?

True or False? I obey the law?

Simple questions, but not so simple to answer. The workshop looks at the whole subject of citizenship and what it means to be part of a group, team, school, college and wider society.

75 minute workshop

75 minute interactive workshop

Daily rate includes 2 X 75 minute workshops

Maximum audience per workshop – 150

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Maximum audience per workshop – 150

## SHAKESPEARE WHO?

'Knock, Knock! Who's there?'  
Macbeth Act 2, Scene 3

A lively and interactive workshop, that will be useful to your students' curricular and exam requirements. It covers all the Shakespeare Plays currently in the curriculum; Hamlet, Much Ado About Nothing, Othello, Romeo and Juliet, The Merchant of Venice and Macbeth. Focusing on Macbeth, we delve into the language, stories, sub plots, and characters. We use live theatre,

and interactive workshop to bring the play to life. Also a younger Shakespeare session from primary schools is also available. The session provides the students with a complete introduction to Shakespeare focusing on his life, background, language and characters.

Package 1 - 3 Hour Workshop for Secondary Schools

Package 2 - 3 Hour Workshop for Primary Schools

## MEMORY TECHNIQUES

If our brains were computers, we'd simply add a chip to upgrade our memory. However, the human brain is more complex than even the most advanced machine, so improving human memory requires slightly more effort. We offer an interactive workshop presentation, giving school pupils new techniques on how to memorize and remember facts and figures.

## BESPOKE EDUCATION PROGRAMMES

Drama, Music and Art, are very powerful tools that can be used to teach any subject within the Schools Curriculum. Our dedicated team of actors and facilitators can take any subject, and bring it to life, using many different techniques.

Ideally suited to pupils who for what ever reason find it difficult to learn using the usual scholastic techniques.

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